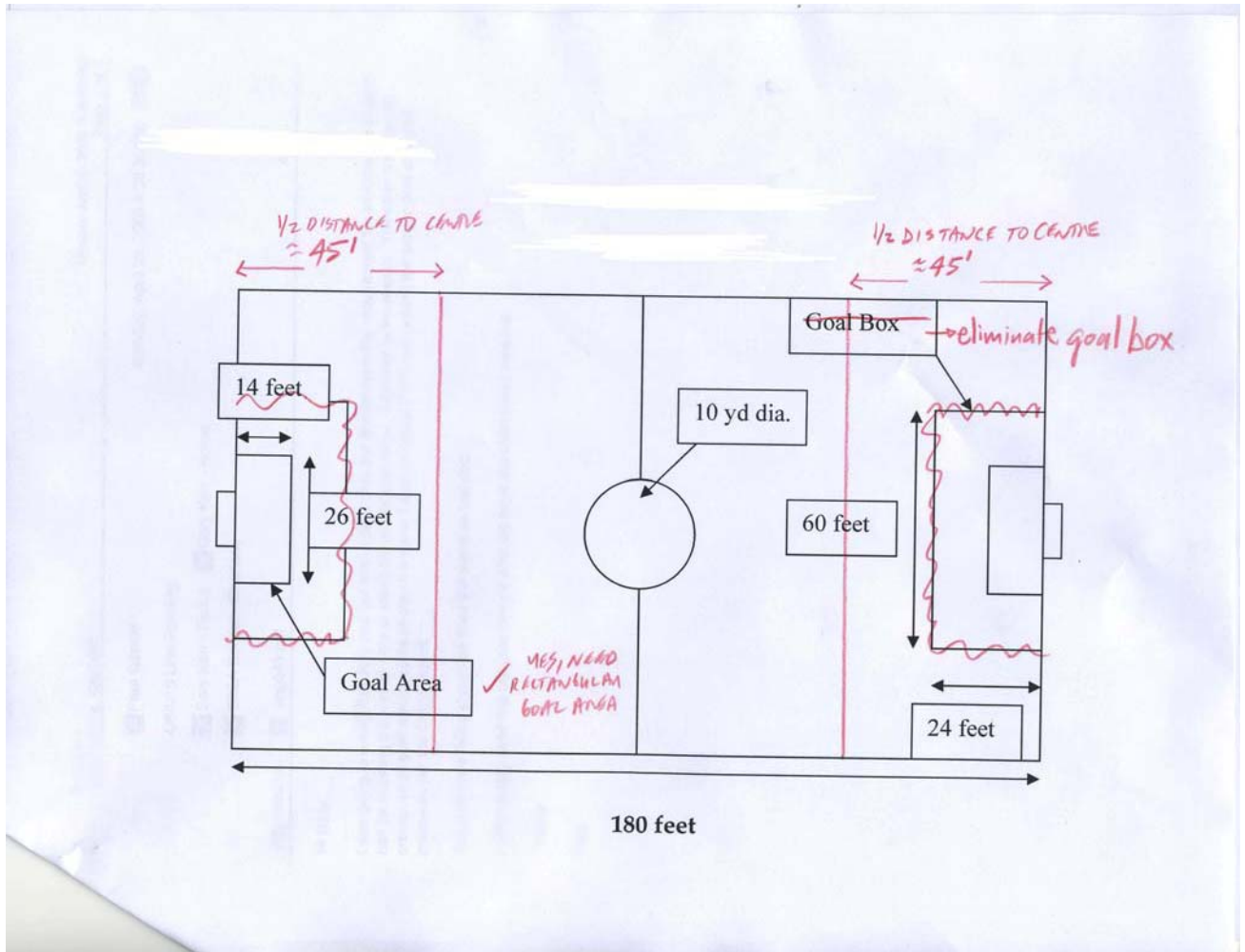


MODIFIED EMSA LAWS FOR U-8 PROGRAM

Law I – The Field:

TRSA Modified U8 Field

(150(or)180 x 100)



150 or 180 feet

A. Dimensions:

- The field of play shall be rectangular. The playing area will be 150 ft or 180ft X 100ft.
- The field markings will be close to these dimensions, however field space may be slightly smaller or larger depending on paint markings and availability of fields.

B. Markings:

1. Distinctive lines are necessary, sidelines and end-lines.
2. A halfway line can be marked out across the field or otherwise indicated.

3. Other marks are possible but not necessary for the enjoyment and development of the youngsters.

- A. Centre circle with a ten yard radius
- B. Four corner arcs with a two-foot radius
- C. A goal area

C. Goals:

1. Goal Size should be 10-12 feet wide and 6.5 feet high.
2. Goal mouth will be a rectangle surrounding the goal (size to be determined by TRSA).
3. In extenuating circumstances the net can be made of cones, flags or portable nets. As long as they are the same for both sides.

Law II- The Ball:

The ball should be size 3

Law III- Number of Players:

- A. Number of players on the field at any time will be 12. Each team with 5 players and a goal keeper.
- B. Substitutions: During any stoppage of play. (*Suggested Every 4 to 5 minutes*)
- C. Playing time: each player SHALL play a minimum of 50% of the total playing time. (whenever possible)

Law IV – Players equipment:

- A. Footwear: Running shoes or cleated soccer shoes are permitted. (use common sense.)
- B. Shin-guards and socks covering- Mandatory
- C. Jersey- Supplied by organization.

Law V- Referee: Since there are no referees at this age group and the players need to be in close contact with the instructional coach, each team should have a representative on the field.

Law VI – Linesmen:

No linesmen at this level

Law VII- Duration of Game:

- A. The game will consist of two 20-minute halves.
- C. There shall be a 5 minute break in between halves.

Law VIII – The Start of play:

- A. The start of play shall consist of the visiting team starting with the ball at center.
- B. The second half shall start with the home team starting with the ball at center.
- C. The defending team shall be outside the center circle on their own half at any start from center.
- D. The ball must be played forward and can not be touched by the same player twice before another player has touched it. If this occurs the ball must be restarted.

Law IX – Ball in and out of play:

- Any ball played out of bounds shall be awarded to the opposite team that put it out of the field of play. A throw-in will be awarded.

Law X – Method of Scoring:

- A. Goals will be awarded when the ball is kicked into the net, or between the goal posts (pylons, flags).
- B. Scoring may occur inside the goal area. Please Note: For U8 we ask that coaches allow goals to be scored within the crease if a player runs with the ball into the crease or receives a pass in the crease however if there is a rebound or scramble for the ball in the crease please blow your whistle and allow the goalie possession of the ball. We do not want any injuries to the goalies at the U8 level. Please use common sense in the application of the rule and remember no arguments on the field please, we don't keep score and let's keep the play moving quickly.
- C. Goals may not be scored off of restarts
- D. Goals must be scored no higher than 5 feet. (If there are no nets)
- E. Goals may not be scored directly off a throw-in (i.e. thrown into the goal)

Law XI – Off-Side:

There will be no off-sides.

Law XII – Fouls and misconduct:

No pushing, hitting, kicking or holding an opponent and No hand balls.

- A. All fouls will result in an indirect free kick with the opponents 10 feet away.
- B. The referee or parent shall explain all infractions

Law XIII – Free Kick:

- A. Shall be classified under one heading - INDIRECT
- B. A goal shall not be scored until the ball has been played or touched by a second player of either team.
- C. No kicks shall be taken by the attacking team within the defending teams goal box.

Law XIV – Penalty Kicks:

No penalty kicks

Law XV – Throw-in:

- A. Throw ins will occur when the ball is put outside of the playing area (side-lines).
- B. The ball will be thrown into play. The proper technique for a throw in is for the player to have both their feet behind the side-line and must have part of both feet on the ground when the ball is thrown. The player is also to make a distinctive throwing motion using both hands delivering the ball from behind and over their head.
- C. At U8 we will not be overly concerned with players not following the proper technique. Players who do not perform the throw-in properly should be asked to do it again with the focus on the ball going from behind and over the head. (In the goal of maintaining the flow of the game only have the throw-in retaken once)
- D. The same player can not touch the ball twice in a row if he/she is putting it into play.

E. No goal can be scored on a throw in

LAW XVI- Goal Kick:

- Goal kicks will occur when the attacking team puts the ball across the defending team's goal (end) line. This will result in the goalkeeper kicking the ball from anywhere in the goal area.

Law XVII- Corner kick:

- A corner kick will be awarded when the defending team puts the ball across their end line. This will result in a kick being taken at the corner closest to where the ball exited the playing area.

Recommendations:

- Both teams coaches and players should shake hands after the game
- No alcoholic beverages should be consumed anywhere near the playing field
- All children should have transportation home accompanied by a parent.